



# Names

MARK SHANAHAN & MEREDITH GOLDSTEIN

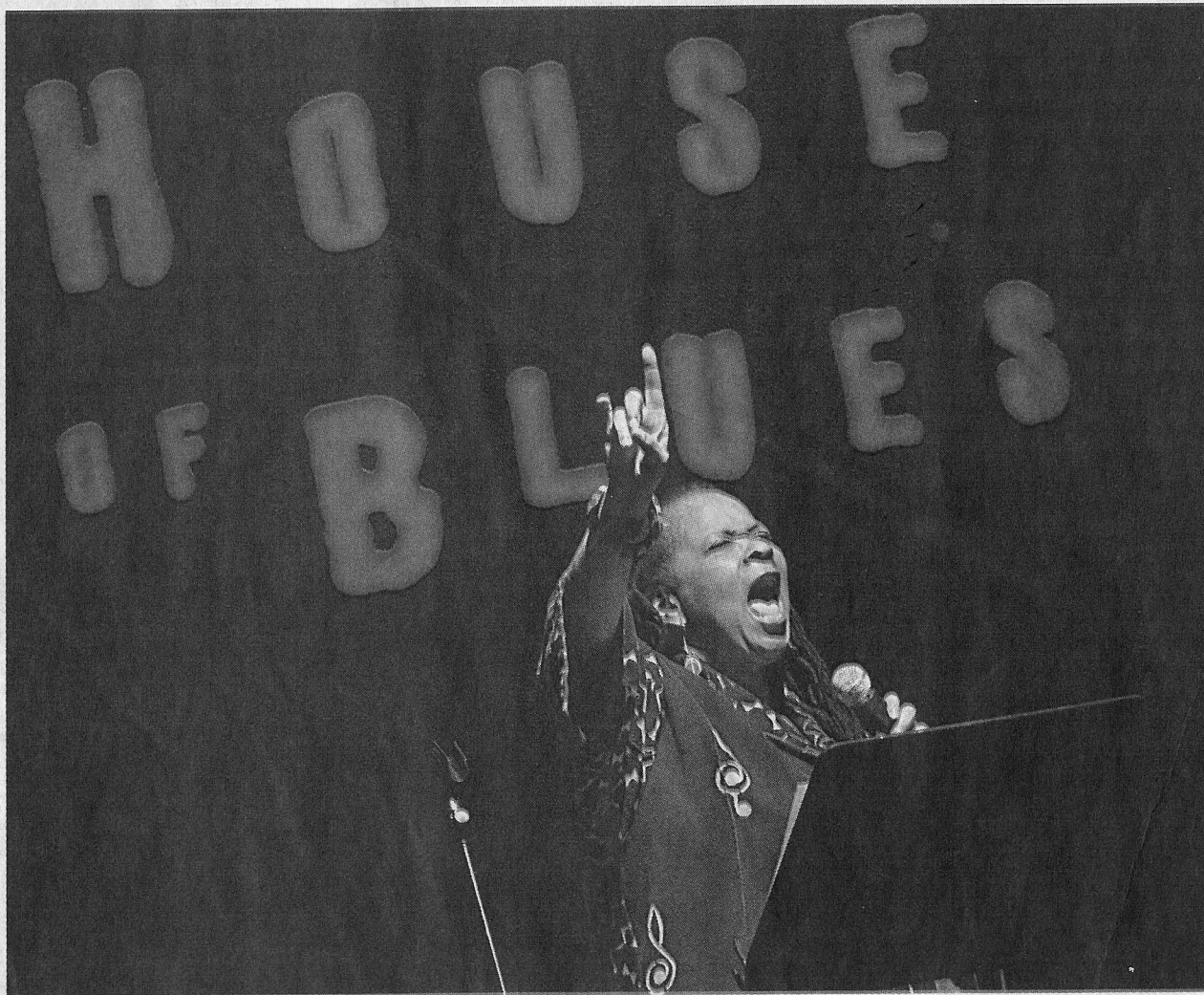


## Chicken rings

A few years ago, Glamour magazine ran a recipe for “engagement chicken,” saying several readers had cooked it for their boyfriends and soon received a wedding proposal. **Alyssa Gugliotti** was given a copy of the recipe and filed it away in a cookbook. Fast forward to last June. Gugliotti, 26, who works at Marlo Marketing Communications, made the “engagement chicken” for her boyfriend **Lyle Stevens** and — bingo! — he popped the question two days later. Gugliotti promptly posted the news on her company’s blog, and Glamour got in touch. Now, she and three other gals who made the chicken dish are featured in a Glamour photo spread, all dressed in **Vera Wang** gowns. “I made the chicken on Wednesday and he proposed on Friday,” Gugliotti said. “But he told me he already had the ring before I made the chicken.” The couple’s getting married in September.

## Nashville-bound

**Ayla Brown** is getting serious about going country. Senator **Scott**



BILL BRETT FOR THE BOSTON GLOBE

## Words worth

Storyteller and singer **Valerie Stephens** entertained several hundred kids at the House of Blues yesterday as part of the annual **Dr. Martin Luther King Jr.** celebration “The Power of His Words.”

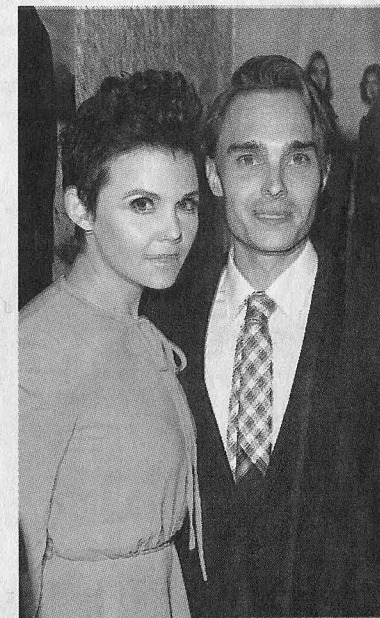
## ‘Office’ space

**Steve Carell** is checking out of “The Office”’s four-episode sby of the end of



## Kraft thinks Tom’s terrific

Pats owner **Robert Kraft** says his relationship with star QB **Tom Brady** is more father/son than employer/employee. In an interview with the New York Post.



KEVIN WINTER/GETTY IMAGES

**Ginnifer Goodwin** and her fiancé, actor **Joey Kern**.

## Weighty matters

BU grad **Ginnifer Goodwin** has been focused on her weight. In interviews last week, the “Big Love” star defended comments she made about being on Weight Watchers as a kid. Then, she shared her vegan diet at [www.21DayKickstart.org](http://www.21DayKickstart.org), a site run by Physicians Committee for Responsible Medicine. Goodwin, who’s engaged to actor **Joey Kern**, is a big advocate of “plant-based” eating. (For the record, Goodwin was not vegan in college. In fact, in her note on 21DayKickstart, she talks about how she “lived on cheeseburgers” for most of her life.)